



August 2015

CHAPTER W2 MEMPHIS GOLD

Meeting Time – 3rd Saturday of each month

Eat at 6:00 PM – Meet at 7:00 PM

Perkins – 1340 S Germantown Rd.

Germantown, TN



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From Your Chapter Directors

By: Ivan & Leesa Coburn

Hello W-2 Members!!!!

For those of you who did not make it to the July meeting you missed that we had the Tennessee Traveling plaque and Chapter Z claimed it from us after having it for 4 days only.

We would like to thank Alan and Glenda Keough and Doug Pyron for meeting us in Lenoir City, TN to claim the Tennessee Traveling Plaque from chapter M. Many thanks to Robert & Tina Russell for running us around Knoxville to get new tires on our motorcycle. Apparently Honda will not work on motorcycles that are older than 2000 year model and that includes putting on tires so, we had to buy tires from Honda and had Willis Cycle World put them on. We greatly appreciate WCW for getting the tires on so quickly at the last minute.

Special thank you goes out to Kelton and Rebecca for bringing a truck and trailer to pickup Alan and Glenda's motorcycle and trailer and last but not least special thanks to Jay and Linda Stapleton for picking up Alan and Glenda and getting them back home safe.

We had a dinner ride July 25th to JT wings and burgers in Munford, TN we had a good turn out including Alan and Glenda, Richard and Colleen, Ray and Sissy, and David all met us there and we had a really good time!

Everyone please be careful in the heat wave and we look forward to seeing you at our August gathering.

The 2016 Spring Fling registration forms are out and we will be going back to Pigeon Forge. Please make arrangements to go and support your Tennessee District.

2015 Upcoming Events:

August 15th: Monthly Gathering Perkins Restaurant 1340 Wolfe River Blvd and Germantown Rd. Eat @ 6:00 Meet @ 7:00 Hope to see everyone there

August 13th-15th Kentucky Blast

August 13th-16th- Mountains, Music & Motorcycles, Mt. View, AR

September 3rd – 6th: Wing Ding 37, Huntsville, AL

September 23rd-26th: Bikes, Blues & BBQ, Fayetteville, AR

October 10th- Chapter N Jackson, TN Fun Day, Natchez Trace State Park Club Lake Road, Wildersville, TN - Let's get a group ride and go support sister chapter.

October 15th-17th: Mississippi District Rally, Gulfport, MS. There will be a Sock Hop, Ice Cream Social, 50's/60's Costume Contest and many, many other activities.

****Keep an eye out for upcoming dinner rides****

RIDER EDUCATION

By Ed Johnson

Dealing With the Heat

Now that the heat of summer is upon us, we need to take a few precautions before going for that daytime ride. When the temperature is in the upper 80's and 90's make sure you drink plenty of fluids before you go, and also during your ride. Your body loses a lot of fluid through sweat and evaporation, and it's up to us to replace that fluid before we dehydrate. Sweating is the body's way of cooling itself. If it runs out of fluid to make sweat, you run the risk of a heat emergency situation.

Heat exhaustion is a condition in which your body gets overheated and it lets you know about it by making you feel sick, nauseated, weak, along with muscle cramping. If left untreated, this condition can lead to heat stroke. Heat stroke is a serious condition in which your body no longer produces sweat and your core temperature elevates to a dangerous level. If you find someone in this condition their skin will be hot and dry. They will need emergency care immediately.

If you feel yourself getting too hot, dizzy, or just not feeling well, pull over under the nearest shade tree or get into an air conditioned building and drink some non-carbonated juice, water or sports drink.

Just because the weather is hot does not mean you need to ride in shorts and t-shirt. Wearing a long sleeve shirt or jacket not only protects you from getting a sunburn, it can help you stay cooler. Try spraying water on that shirt or jacket. When you ride, the wind will evaporate the water and you will feel cooler.

There are several summer jackets on the market which offer protection, while not becoming unbearably hot. Several companies make a nylon mesh jacket which allows the air to go right through it. There are also cooling vests, towels, and scarfs that can help keep you cool. Remember, the roadway is just about as hard and rough in the summer as it is in the winter. Wear protection.

Take care, ride safe, and be cool.

Ed Johnson

Quote for the month

"Have patience. All things are difficult before they become easy."

-- Saadi,
poet

FROM YOUR SUNSHINE LADY

Six Little Stories

{1} Once all villagers decided to pray for rain. On the day of prayer all the people gathered, but only one boy came with an umbrella.

That's FAITH

{2} When you throw a baby in the air, she laughs because she knows you will catch her.

That's TRUST.

{3} Every night we go to bed, without any assurance of being alive the next morning but still we set the alarms to wake up.

That's HOPE.

{4} We plan big things for tomorrow in spite of zero knowledge of the future.

That's CONFIDENCE

{5} We see the world suffering, but still we get married and have children.

That's LOVE

{6} On an old man's shirt was written a sentence 'I am not 60 years old ~ I am sweet 16 with 44 years experience'

That's ATTITUDE

Have a happy day, live your life like the six stories!

NO BIRTHDAYS OR ANNIVERSARIES FOR AUGUST, 2015

RIDE SAFE AND STAY COOL

There was no winner of the marble game at the July meeting. We will start with \$54 (I think). So come to the August meeting for your chance to win!!!

August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 N Meeting
2	3	4	5	6	7	8
9	10	11	12	13 MS-Y Meeting	14	15 W2 Meeting
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



W2 captures the traveling Plaque

The Dawn Of The Smart Helmet

To improve the safety of riding, Skully developed the [Skully AR-1 smart helmet](#). Skully was co-founded in 2013 by Marcus Weller, CEO and chairman, and Mitchell Weller, VP of business operations. After a successful crowdsourcing campaign generating almost [\\$2.5 million](#), Skully AR-1 is taking pre-orders at \$1,499, with an estimated delivery of December.

The smart helmet gives full situational awareness with GPS navigation, a blind-spot camera view, and transparent heads-up display (HUD). This allows the helmet to give the rider information right where he or she needs it the most, without interfering with the rider's attention on the road.

